
Cooking

Rebellyous Nuggets

COOKING INSTRUCTIONS

Cook from frozen. Cook nuggets to at least 165°F. For best taste and texture, internal temperature should reach 200°F.

DEEP FRYING (RECOMMENDED)

Preheat fryer to 350°F. Deep fry for 2 minutes, 45 seconds. Let rest for 3-5 minutes before serving.

OVEN

Preheat oven to 425°F.

Place frozen nuggets on a baking sheet in a single layer.

Bake for 5 minutes, flip and bake for 5 more minutes.

IMPORTANT: Let rest 3-5 minutes before serving.

CONVECTION OVEN

Preheat oven to 425°F.

Place frozen nuggets on a baking sheet in a single layer.

Bake for 5 minutes, flip and bake for 5 more minutes.

IMPORTANT: Let rest 3-5 minutes before serving.

MICROWAVE (IF YOU MUST)*

Place 5 frozen nuggets on a microwave-safe plate.

Microwave on high for 1 minute, 20 seconds.

IMPORTANT: Let rest 3 minutes before serving.

*Microwave instructions developed using 1250W microwave.

Microwave ovens vary.



Do:

- Store frozen.
- Cook from frozen.
- Cook in a single layer.
- Cook nuggets to at least 165°F.
- Cook until internal temperature reaches 200°F.
- Get creative. Serve with BBQ sauce or sweet mustard. Glaze with orange sauce and toss in a stir fry. Visit Rebellyous.com for inspiration and ideas.

Do Not:

- Thaw or slack before cooking.
- Cook in layers.