



Rebellyous Nuggets provide the same juiciness and rich flavor as chicken nuggets with all the benefits of 100% plant-based ingredients. Easy to prepare, these satisfying, protein rich nuggets are sure to be a crowd pleaser whether presented with a trio of dipping sauces, piled on waffles drenched with maple syrup, tossed in buffalo sauce, or nestled in romaine and rolled in a whole wheat tortilla!



# Nuggets

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TASTES LIKE  
CHICKEN

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EASY TO  
PREPARE

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GOOD FOR  
THE WHOLE FAMILY

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GOOD FOR  
THE WHOLE PLANET

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NON-GMO

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WOMAN CEO & FOUNDER



JOIN THE REBELLYION!

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# Nuggets

Made from plants  
220 Calories per serving  
1g Saturated fat per serving  
12g Protein per serving

## Nutrition Facts

About 53 servings per container  
Serving size **5 Nuggets (85g)**

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 11g	<b>19%</b>
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.1mg	10%
Potassium 310mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Item Number: CNFC211  
Shelf Life: 15 months from production date  
Storage Condition: Frozen  
Storage Temperature: 0°F  
Case GTIN: 00860002155852

## PACKAGING DETAILS

**Case**  
Net Weight (lbs): 10  
Dimensions (in): 11 x 9 x 7.75  
Units per case: 2 – 5 lb. bags

**Pallet**  
TI/HL: 17 x 7  
Gross Weight (lbs): 1,297.50  
Cases per pallet: 119  
Coding: Best By MM-DD-YY

## COOKING INSTRUCTIONS

Cook from frozen. Cook nuggets to at least 165°F. For best taste and texture, internal temperature should reach 200°F.

### DEEP FRYING (RECOMMENDED)

Preheat fryer to 350°F. Place frozen nuggets in basket and fry for 2 minutes, 45 seconds. Let rest for 3-5 minutes before serving.

### OVEN

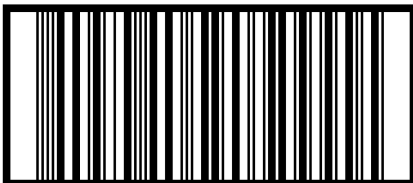
Preheat oven to 425°F.  
Place frozen nuggets on a baking sheet in a single layer.  
Bake for 5 minutes, flip and bake for 5 more minutes. Let rest 3-5 minutes before serving.

### CONVECTION OVEN

Preheat oven to 425°F  
Place frozen nuggets on baking sheet in a single layer. Bake for 5 minutes, flip and bake for 5 more minutes. Let rest 3-5 minutes before serving.

**INGREDIENTS:** WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOY PROTEIN CONCENTRATE, EXPELLER PRESSED CANOLA OIL, WHEAT FLOUR, TEXTURED WHEAT PROTEIN. 2% OR LESS OF: ISOLATED SOY PROTEIN, MODIFIED CORN STARCH, METHYLCELLULOSE, SALT, YEAST EXTRACT, YELLOW CORN FLOUR, GARLIC\*, ONION\*, SUNFLOWER OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SPICES AND SPICE EXTRACTS, RICE STARCH, DEXTROSE, CANE SUGAR, VINEGAR, NATURAL FLAVOR, TORULA YEAST, CITRIC ACID, TURMERIC EXTRACT (COLOR), PAPRIKA EXTRACT (COLOR), YEAST. \*DRIED

**CONTAINS: SOY, WHEAT.**  
**NON-GMO INGREDIENTS**



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