



The Plant-Based Kickin' Nugget delivers the flavor and crunch kids want – and the nutrition kids need – without the hormones, antibiotics, and cholesterol that they don't. These no-fuss, heat and-eat nuggets are designed to make it easy for you to serve the best on a budget. Get ready for an upgrade on a cafeteria classic.

# Kickin' Nuggets

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TASTES LIKE  
CHICKEN

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EASY TO  
PREPARE

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100%  
VEGAN/VEGETARIAN

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NO CHOLESTEROL,  
ANTIBIOTICS OR  
HORMONES

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2 MMA

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WOMAN CEO &  
FOUNDER

**JOIN THE REBELLYION!**

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Item Number: KNFC212  
Shelf Life: 15 months from production date  
Storage Condition: Frozen  
Storage Temperature: 0°F  
Case GTIN: 00860002155821

Made from plants  
Credit (CN): 2 MMA  
210 Calories per serving  
1g Saturated fat per serving  
12g Protein per serving

## Nutrition Facts

About 53 servings per container  
Serving size **5 pieces (85g)**

Amount per serving  
**Calories 210**  
% Daily Value\*

<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 8g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.8mg	15%
Potassium 330mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PACKAGING DETAILS

Case  
Net Weight (lbs): 10  
Dimensions (in): 11 x 9 x 7.75  
Units per case: 2 – 5 lb. bags

Pallet  
TI/Hi: 17 x 7  
Gross Weight (lbs): 1,297.50  
Cases per pallet: 119  
Coding: Best By MM-DD-YY

## COOKING INSTRUCTIONS

Cook from frozen. Cook nuggets to at least 165°F. Do not microwave.

### OVEN

Preheat the oven to 400°F. Place frozen nuggets on baking sheet and bake for 8-10 minutes until internal temperature reaches 165°F.

### CONVECTION OVEN

Preheat the oven to 400°F. Place frozen nuggets on baking sheet and bake for 8-9 minutes until internal temperature reaches 165°F.

## COMPLIMENTARY MARKETING MATERIALS

STICKER



BUTTON



11x17 POSTER



**INGREDIENTS:** Rehydrated Soy Protein (Water, Soy Protein Concentrate, Soy Protein Isolate), Canola Oil, Breading (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Vinegar, Vegetable Oil [Canola and/or Sunflower], Salt, Baking Soda, Yeast, Spice Extractives), Methylcellulose, Seasoning (Maltodextrin, Sugar, Salt, Yeast Extract, Onion Powder, Dehydrated Garlic, Natural Flavor, Spices, Torula Yeast, Citric Acid, Extractives of Turmeric [Color]), Corn Starch, Salt.

**CONTAINS:** SOY, WHEAT.



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